

*B*raman Foundation of Charities

BFC Community Meetings

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Love Thy Neighbor

BFC COMMUNITY MEETINGS

DISCIPLESHIP

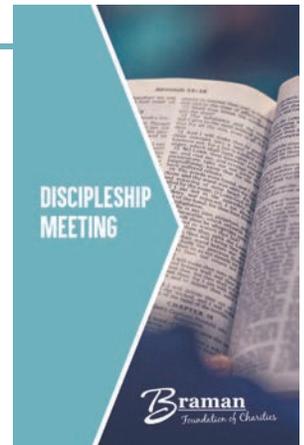
Every Tuesday, 6:30pm - 8:00pm

Teacher: Laurel Osborne

A disciple is a follower of Jesus. He has committed to Christ, to walking Christ's way, to living Christ life and to sharing Christ's love, suffering, and truth with others.

Therefore, disciples are those who have been called by Jesus - called us to share our lives both with him and with one another in love and it is by this love that we shall be known to be his disciples.

In the BFC Defined Discipleship Training literature, we examine the state of the church in America today. We spend time with the teachings of the great writings of: A.W Tozer, Thomas A Kempis, & A.B Simpson. There is time spent on the effects of Christ centered meditation, its scriptures and the significance of purifying the ego. We discuss regeneration, salvation, daily repentance and coming into a closer relationship with our creator. Finally we speak on a lifetime of devotion to God and Christ. Recommit your life as a Christ follower and continue your journey.

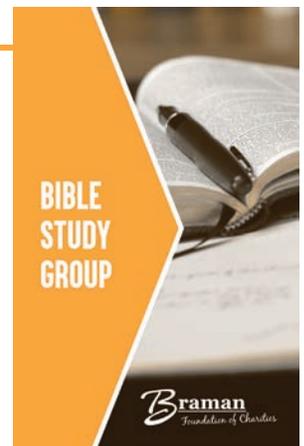


BIBLE STUDY

Every Friday, 6:00pm - 7:00pm

Teacher: Sue Bowen

Joining a small group is the best way to experience the incredible community here at Pine Knolls. Whether you're single, married, young, or not-as-young, we've got a group for you. Typically, our groups meet once a week in the leader's home, and focus on spending time together discussing that Sunday's sermon. Small groups provide spaces to explore your faith, make connections, and grow closer to God. We're just missing one thing: YOU!



HEALING & RESTORATION

Every Saturday, 10:00am - 11:00am

Teacher: BFC

As a brief history, we will explore the program of Alcoholics Anonymous. Founded in June, 1935 the A.A. Program has helped millions recover from alcoholism. The essence and the backbone of the Program is the 12 Step Method. As the individual applies these 12 steps in their life, there is a profound change leading to a spiritual awakening that delivers them from the bondage of not only the substance, but the root causes of the addictive problem: self centered, ego centered thinking and behavior.

We explore these 12 steps realizing that addiction can be described as a mental obsession coupled with physical cravings for a substance, as the individual is in a highly confused state in that he or she is completely egocentric, lost to their higher self or true nature. He or she is rendered powerless and, unless a process is intervened, may begin to progress through the three stages of addiction to lead a highly agitated, emotionally stressful life, possibly ending in a premature death, imprisonment or institutionalization.

Hardly the life of success that one might dream, but miserable nonetheless.



ALCOHOLICS ANONYMOUS

Every Saturday, 7:00pm - 8:00pm

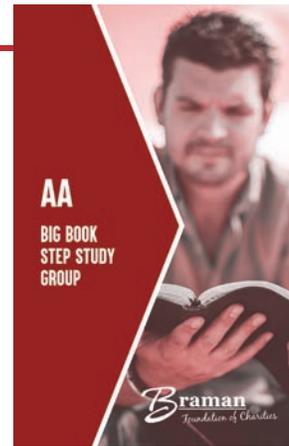
WOMEN'S 12-STEP AA MEETING

Every Wednesday, 7:00pm - 8:00pm

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

The purpose of this meeting is to help alcoholics fully recover by the studying, discussing, and practicing of the twelve steps as they are laid out in the Big Book.

It has been our hard-learned experience that other methods did not work with us. Some of us have tried other methods and our results were disastrous, until we looked at the basic and simple approach the Big Book offers.



PRAYER AND MEDITATION

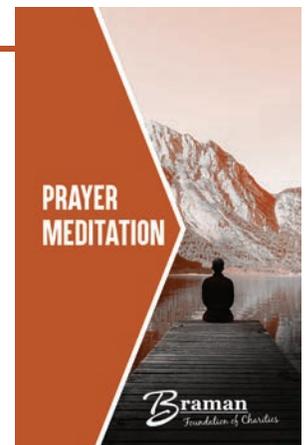
Every Sunday, 6:00pm - 7:00pm

Teacher: Peter Braman

Meditation, correctly practiced is the simple process of removing attention from conditions and circumstances which, when recognized and overly identified with fragment and cloud our perceptions. Meditation simply is concentration on an object of contemplation. We meditate in Christ which we know is the absolute realm of perfection.

Meditation is not difficult. We meditate to commune in Christ. This Christ communion is an ideal state in which we can naturally unfold in. Learn to use this as your most meaningful time to experience God and in time you will walk continuously in God's presence.

Practice, pray, but do not struggle, learn to be calm and grace will provide. You deserve and need to be refreshed daily. Love.



WORSHIP SERVICE

Every Thursday, 7:00pm - 8:00pm

Our worship service is a time to meet to praise, worship, pray to God and receive a teaching (sermon) based on the Bible along with a weekly communion.



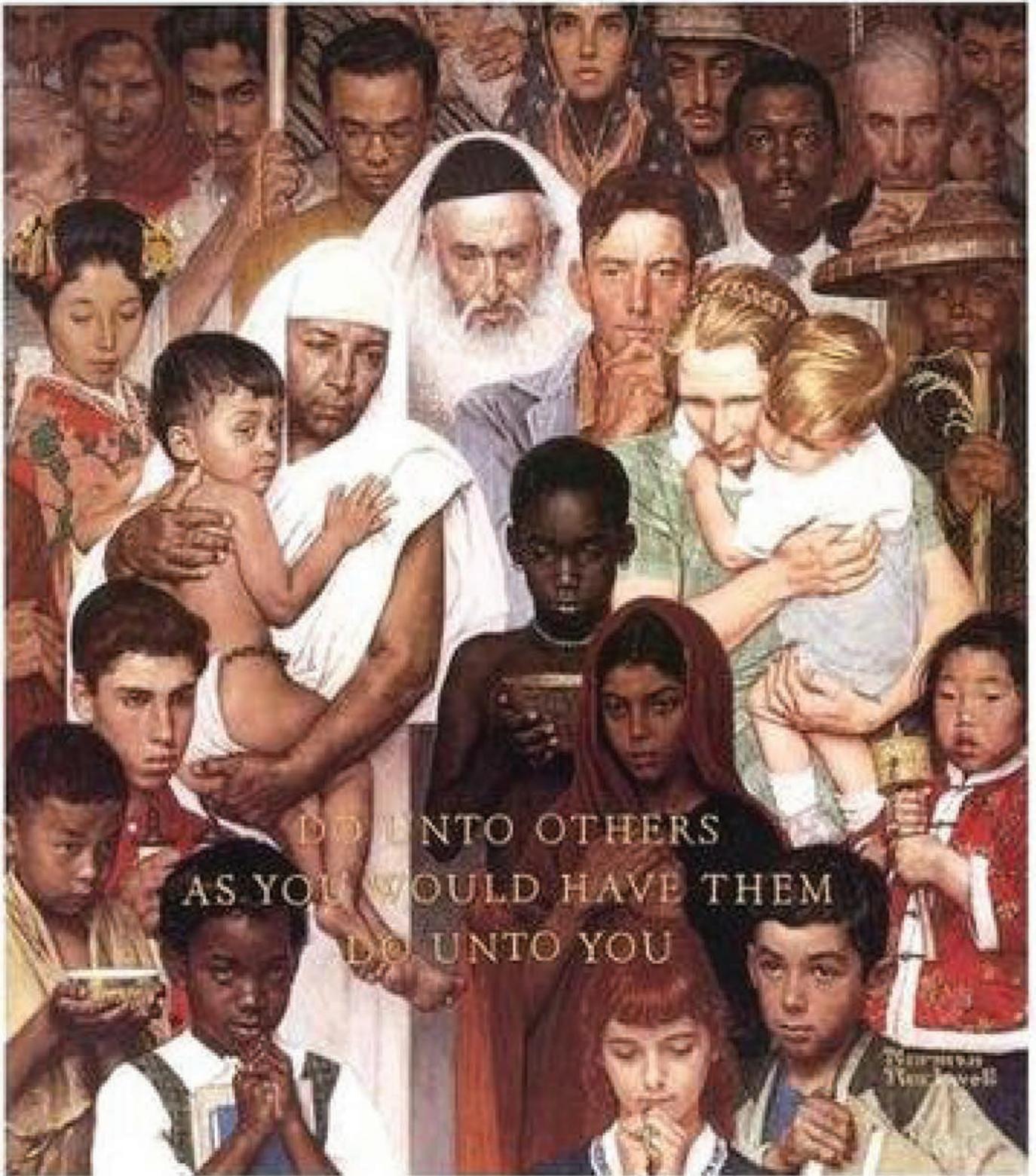
LOCATION

Braman Foundation of Charities
Conference Room or Community Room
49 Glenwood Ave. Queensbury, NY 12804

Phone: (518) 636-5930

Email: info@bramanfoundation.org





NORMAN ROCKWELL
"DO UNTO OTHERS"